

Law Enforcement Coaching

“Helping Law Enforcement Applicants Secure Jobs”

Applicant Coaching Goals

Applicant Name: _____

Phone (home) _____
(work) _____
(Cell) _____

E-mail Address: _____

Defining Your Goals and Objectives in the Job Search

You have decided to become a law enforcement officer – a police officer, or perhaps a deputy sheriff. You recognize that new officer jobs in highly selective departments are tough to get. So, you are choosing to do everything possible to achieve a competitive edge.

You are smart, probably well educated, and may possess a number of useful skills. However, like most of us you may have some relative weaknesses. A wonderful truth about human beings, especially motivated people, is that we can decide to make changes, acquire knowledge, and develop ourselves in a variety of ways that prepare us for future success.

As we work together, I want to have a clear and shared understanding of your professional and personal goals.

Please List Your Professional/Job-Search Goals for next 3-6 months (top 3)

1. _____
2. _____
3. _____

Please List Your Personal Goals for next 3-6 months (top 3)

1. _____
2. _____
3. _____

In Which of the Following Areas Might You Want Some Focused Coaching?
Please check (✓) as many as apply.

- | | |
|--|---|
| <input type="checkbox"/> Learning to set goals | <input type="checkbox"/> Defining clear objectives |
| <input type="checkbox"/> Completing written application | <input type="checkbox"/> Completing personal background package |
| <input type="checkbox"/> Communicating with police personnel | <input type="checkbox"/> Expectations of law enforcement agencies |
| <input type="checkbox"/> Getting organized | <input type="checkbox"/> Psychological Testing |
| <input type="checkbox"/> Time management | <input type="checkbox"/> Physical Agility Testing |
| <input type="checkbox"/> Making good first impressions | <input type="checkbox"/> Interviewing skills |
| <input type="checkbox"/> Preparing for Oral Board Interview | <input type="checkbox"/> Good quality reference letters |
| <input type="checkbox"/> Presenting your relevant experience | <input type="checkbox"/> Researching the job |

- Developing self-confidence
- Becoming more assertive
- Managing emotions successfully
- Dealing with conflict
- Physical fitness & exercise
- Assessing personal alcohol use
- Assessing personal drug use history
- Assessing mental health contacts
- Improving interpersonal relationships

- Fighting procrastination
- Writing skills
- Getting comfortable with people
- Staying motivated
- Dealing with stress
- Preparing for polygraph exam
- Assessing legal history
- Identifying life values & principles
- Taking action steps

Please List All Law Enforcement Agencies (City & State) Where You are Currently Applying or Expect to be Applying For a Job Within the Next Calendar Year.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Applicant's Signature: _____ **Date:** _____

Thank you! I look forward to working together on your goals.

